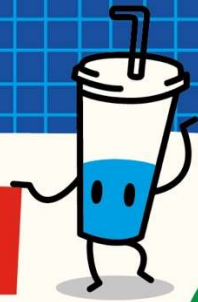


SCHOOL MENU

WEEK ONE

Weeks commencing: 2nd Sept 24, 23rd Sept 24, 14th Oct 24, 4th Nov 24, 25th Nov 24, 16th Dec 24, 6th Jan 25, 27th Jan 25, 17th Feb 25, 3rd Mar 25, 24th Mar 25, 28th Apr 25, 19th May 25, 2nd Jun 25, 23rd Jun 25, 14th July 25

MONDAY



MEAT FREE MONDAY

Tomato & basil pasta
with garlic slice & salad / vegetables

Vegetable enchilada
with sunshine rice and salad / vegetables

Toasted cheese panini
with salad accompaniments

Pancakes
served with peaches and ice cream

TUESDAY



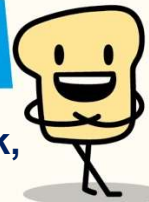
Breaded chicken chunks
with seasoned potato wedges and baked beans

Cheese and Broccoli Quiche
with seasoned potato wedges and baked beans

Jacket Potato
with grated cheese, baked beans or tuna mayonnaise and salad

Chocolate Krispie Crunch

THURSDAY



Roast gammon / pork, turkey or Quorn fillet
with Yorkshire pudding, roast potatoes, vegetables & gravy

Jacket potato
with grated cheese, baked beans or tuna mayonnaise & salad

Lemon drizzle traybake
served with custard

WEDNESDAY



Savoury mince pie / mince & dumplings
with creamed potatoes and vegetables

Creamy vegetable pie
with creamed potatoes and vegetables

Ham, cheese or tuna mayonnaise sandwich
with salad accompaniments

Raspberry crumble muffin

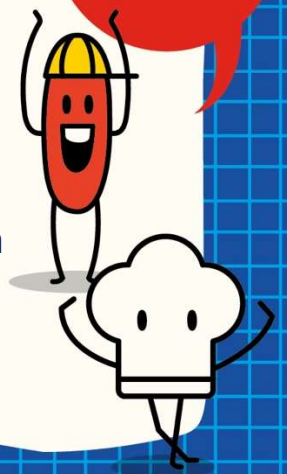
Breaded fish star
served with chips and peas

Vegan beef fried rice
served with chips & peas

Ham, cheese or tuna mayonnaise sandwich
with salad accompaniments

Gingerbread man

FISH FRIDAY



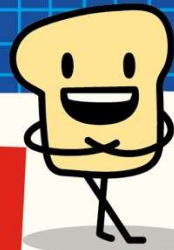
Sunderland City Council

SCHOOL MENU

WEEK TWO

Weeks commencing: 9th Sept 24, 30th Sept 24, 21st Oct 24, 11th Nov 24, 2nd Dec 24, 13th Jan 25, 3rd Feb 25, 10th Mar 25, 31st Mar 25, 5th May 25, 9th Jun 25, 30th Jun 25, 21st July 25

MONDAY



MEAT FREE MONDAY

Vegetarian pizza

served with herby diced potatoes & vegetables / salad

Vegetable chilli

with savoury rice & vegetables

Cheese or egg sandwich

with salad accompaniments

Steamed jam sponge

with custard

TUESDAY



Homemade sausage roll OR vegan sausage roll

with potato criss-cuts and baked beans

Chicken goujon wrap

with potato criss-cuts and vegetables / salad

Marble cookie

WEDNESDAY



Beef meatballs / Bolognese with pasta OR Lasagne

with herby bread and vegetables / salad

Vegetable Lasagne

with herby bread and vegetables / salad

Jacket potato

with grated cheese or tuna mayonnaise & salad

Rice pudding

With fruity flapjack finger

THURSDAY



Roast chicken / Roast Quorn Fillet

served with baby new potatoes, Yorkshire pudding gravy and vegetables

Ham, Cheese or tuna mayonnaise sandwich

with salad accompaniments

Chocolate brownie

served with ice cream

Double fish finger / salmon fish fingers

served with chips and peas

Homemade cheese & rice croquettes

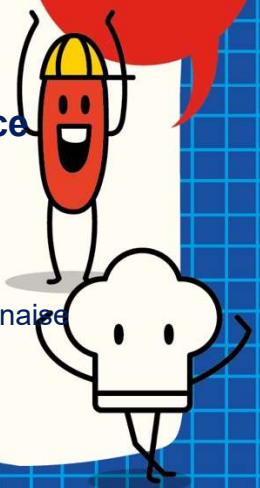
with chips and peas

Jacket potato

With grated cheese, tuna mayonnaise or baked beans

Orange Crisp biscuit

FISH FRIDAY



**Sunderland
City Council**

SCHOOL MENU

WEEK THREE

Weeks commencing: 16th Sept 24, 7th Oct 24, 18th Nov 24, 9th Dec 24, 20th Jan 25, 10th Feb 25, 17th Mar 25, 7th Apr 25, 12th May 25, 16th Jun 25, 7th July 25,

MONDAY



MEAT FREE MONDAY

Cheese & tomato swirl

with seasoned diced potatoes
vegetables / salad

Mac 'n cheese

with garlic bread & vegetables / salad

Cheese or egg sandwich

with salad accompaniments

Peach crumble

served with custard

TUESDAY



Bacon and egg brunch

with potato rosti and baked beans

Vege brunch

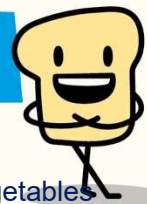
with vege sausage patty and egg,
potato rosti and baked beans

Jacket potato

With grated cheese, tuna mayonnaise
or baked beans and salad

Strawberry muffin

THURSDAY



Savoury Mince

with Yorkshire pudding,
roast potatoes, gravy and vegetables

Roast Quorn fillet

with Yorkshire pudding,
roast potatoes, gravy and vegetables

Ham, cheese or tuna mayonnaise sandwich

with salad accompaniments

Fruit jelly & ice cream

WEDNESDAY



Chicken curry

with rice / naan bread and vegetables

Sweet potato and lentil curry

with rice / naan bread and vegetables

Ham or cheese panini

with salad accompaniments

Sunderland Courting Cake

served with custard

FISH FRIDAY

Fish fingers

served with chips and peas

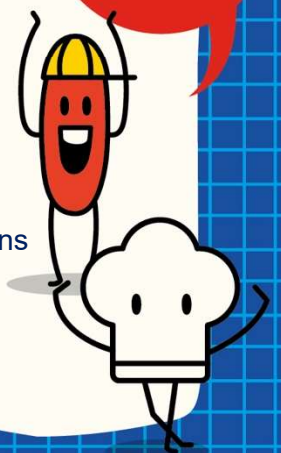
Vegan dippers

Served with chips and peas

Jacket potato

with grated cheese,
tuna mayonnaise or baked beans
& salad

Oaty Crunch biscuit



**Sunderland
City Council**