

## VCS organisations offering citywide additional support this winter 2021/22

Organisation	Contact details and opening hours
Grace house – supporting disability groups	<a href="mailto:info@gracehouse.co.uk">info@gracehouse.co.uk</a> - this is monitored on a daily basis and our main number is 0191 4352088 and we are open Monday to Friday 9-5pm.
Sunderland and County Durham Royal Society for the Blind	Richard Wood <a href="mailto:richard.wood@sundrsb.org.uk">richard.wood@sundrsb.org.uk</a> 07814 485 824 0191 567 3939 <a href="http://www.sundrsb.org.uk">www.sundrsb.org.uk</a>
Sunderland LGBT+ Network	Lynne Roxburgh <a href="mailto:hello@wearproud.org">hello@wearproud.org</a> or telephone number 07957972257.

Organisation	Contact details and opening hours
Veterans in Crisis (VICS)	0191 567 1878 <a href="mailto:claire@veteransincrisis.co.uk">claire@veteransincrisis.co.uk</a>
Sunderland Black and Minority Ethnic Network (SBMEN)	Rob Charlton <a href="mailto:info@sbmen.org.uk">info@sbmen.org.uk</a> 07964 380 653 <a href="http://www.sbmen.org.uk">www.sbmen.org.uk</a>
FODI – refugees and asylum seekers	Email: <a href="mailto:fodi.sunderland@outlook.com">fodi.sunderland@outlook.com</a> Telephone: 07525 853913  If you would like to visit the Drop-In on a Wednesday afternoon, please contact us beforehand.
International Community Organisation of Sunderland (ICOS)	Email address: <a href="mailto:office@icos.org.uk">office@icos.org.uk</a> Phone number: 0759 653 84 82
New Horizons	Rachidy Bikaya <a href="mailto:horizon1@hotmail.co.uk">horizon1@hotmail.co.uk</a> 07957 637 025
Sunderland Bangladeshi International Centre (SBIC)	Abu Shama <a href="mailto:abu.shama@sb-international.org.uk">abu.shama@sb-international.org.uk</a> 07791 741 325 <a href="https://www.facebook.com/Sunderland-Bangladesh-International-Centre">Facebook.com/Sunderland-Bangladesh-International-Centre</a>
Young Asian Voices	Kamareswaradas Ramanathas <a href="mailto:ram@youngasianvoices.co.uk">ram@youngasianvoices.co.uk</a> 07917 003 828 <a href="http://www.youngasianvoices.co.uk">www.youngasianvoices.co.uk</a>

<p><b>West Area Hub</b> covering Pallion, Barnes, St Anne's, Silksworth, St Chad's and Sandhill wards</p>	<p>Joanne Laverick Office 0191 5238000 Mobile Phone 07900298794  Email <a href="mailto:Joanne@youthalmighty.co.uk">Joanne@youthalmighty.co.uk</a> Open times Monday – Friday 8am – 4pm  If need support over weekend just ring mobile</p>
<p><b>East Area Hub</b> covering Millfield, Doxford, Hendon, St Michael's and Ryhope wards</p>	<p>Doxford &amp; Millfield Wards  The Box Youth &amp; Community Project  Office hours: Monday – Friday 9.30am-3.30pm  Tel: 01915225031  Email: <a href="mailto:theboxyouthproject@gmail.com">theboxyouthproject@gmail.com</a></p> <p>Ryhope Ryhope CA Ward  Office hours: Monday – Friday 9am-4pm  Tel: 07724724174  Email: <a href="mailto:paulahuntuk@aol.com">paulahuntuk@aol.com</a></p> <p>Hendon Back on the Map Ward  Office hours: Monday – Friday 9.30am -12, 1-3pm  Tel: 01915147844  Email: <a href="mailto:enquiries@backonthemap.org">enquiries@backonthemap.org</a></p> <p>St Michaels Ward  Blue watch Youth Project based at St Michaels Community Centre  Office hours: Tuesday, Thursday, Friday 9am-12noon  Tel: 07399981281  Email: <a href="mailto:bwyc.deniscrompton@gmail.com">bwyc.deniscrompton@gmail.com</a></p>
<p><b>Organisation</b></p>	<p><b>Contact details and opening hours</b></p>
<p><b>North Area Hub</b> covering Redhill, Castle, Southwick, St Peter's and Fulwell wards</p>	<p>Ruth Walker <a href="mailto:ruth@snyd.co.uk">ruth@snyd.co.uk</a> 0191 549 1179</p>
<p><b>Coalfield Areaa Hub</b> covering Shiney Row, Copt Hill, Hetton and Houghton wards</p>	<p>Contact us by email any time, call Tuesday or Wednesday 9am – 3pm only.  Amy Swan  <a href="mailto:amy@activefamiliesne.co.uk">amy@activefamiliesne.co.uk</a>  07896 889 175  Kelly Brougham  <a href="mailto:kelly@activefamiliesne.co.uk">kelly@activefamiliesne.co.uk</a>  07946 269 005</p>
<p><b>Washington Area Hub</b> covering all Washington wards (North, East, West, South and Central)</p>	<p>Community Opportunities, Nikki Vokes or Wendy Cook - e-mail <a href="mailto:nikkivokes@communityopportunities.co.uk">nikkivokes@communityopportunities.co.uk</a>  <a href="mailto:orwendycook@communityopportunities.co.uk">orwendycook@communityopportunities.co.uk</a></p>