

Winter 2021/2022 – Voluntary and Community Sector (VCS) support projects across the city

Coalfield Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2022

Copt Hill

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk
 Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, ‘keep minds active and healthy for young and old’, quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Coalfield Area.
Delivery: December 2021 to March 2022

MBC Arts Wellbeing, Lesley Dixon, e-mail lesley@mbcartswellbeing.com
 Programme of activities including walks, candle, glass and ceramic making, chats over coffee, functional English, Math and Digital skills, supporting online engagement using Zoom, incorporate keeping warm tips and information. Delivery across all of the Coalfield Area.
Delivery: January to March 2022

Hetton Ward

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk
 Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, ‘keep minds active and healthy for young and old’, quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Coalfield Area.
Delivery: December 2021 to March 2022

MBC Arts Wellbeing, MBC Arts Wellbeing, Lesley Dixon, e-mail lesley@mbcartswellbeing.com

Programme of activities including walks, candle, glass and ceramic making, chats over coffee, functional English, Math and Digital skills, supporting online engagement using Zoom, incorporate keeping warm tips and information. Delivery across all of the Coalfield Area.

Delivery: January to March 2022

Houghton Ward

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Coalfield Area.

Delivery: December 2021 to March 2022

MBC Arts Wellbeing, MBC Arts Wellbeing, Lesley Dixon, e-mail lesley@mbcartswellbeing.com

Programme of activities including walks, candle, glass and ceramic making, chats over coffee, functional English, Math and Digital skills, supporting online engagement using Zoom, incorporate keeping warm tips and information. Delivery across all of the Coalfield Area.

Delivery: January to March 2022

Shiney Row Ward

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Coalfield Area.

Delivery: December 2021 to March 2022

MBC Arts Wellbeing, MBC Arts Wellbeing, Lesley Dixon, e-mail lesley@mbcartswellbeing.com

Programme of activities including walks, candle, glass and ceramic making, chats over coffee, functional English, Math and Digital skills, supporting online engagement using Zoom, incorporate keeping warm tips and information. Delivery across all of the Coalfield Area.

Delivery: January to March 2022

Alongside this provision will be:

- Area Foodbanks
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- Area Committees are also supporting through various activities: Social Isolation Projects – see attached
- Free school meals vouchers will be provided to eligible school-age children during Christmas holidays

East Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2022

Doxford Ward

The Box Youth & Community Project, Denise Barna, e-mail theboxyouthproject@gmail.com

Continue to provide essential covid-19 support to residents and increase social inclusion and support to vulnerable people by delivering welfare calls, help with fuel payments, hot meals, coffee mornings, help with basic DIY jobs, online bingo/quizzes, and support with digital skills.

Delivery: December 2021 to March 2022

Sunderland Bangladesh International Centre, Abu Shama, e-mail abu.shama@sb-international.org.uk

This project will support BAME residents across the East Area providing essential support of welfare rights, housing, employability support. In addition, through their volunteers they will provide befriending support both face to face and telephone and provide weekly activities such as, health and wellbeing, information advice, community social gatherings and fitness wellbeing, Christmas activity packs etc. Delivery across all the East Area.

Delivery December 2021 to March 2022

Young Asian Voices, e-mail ram@youngasianvoices.co.uk

Continue to support young people and residents across the East by providing youth engagement sessions, arts and creativity, multisport, training to tackle digital isolation to allow engagement virtually, 1:1 phone calls/virtual meetings/crisis support, translate information into many languages in relation to COVID-19, messages health services and help distinguish symptoms in order to access NHS support while being able to confidently manage health concerns. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Impact NE, Sharon Boyd, e-mail sharon@impactnortheast.co.uk

Community support to reduce the impact of winter poverty and reduce stress throughout any COVID Isolation periods, by running a series of free online groups and activities to reduce isolation, including Bingo, family fitness videos, befriending calls, craft packs and healthy ingredients meal packs. Delivery across all of the East Area.

Delivery December 2021 to March 2022

More Than Grandparents, Melanie Nichols, e-mail sharon@impactnortheast.co.uk

Supporting and provide activities for kinship families across Christmas and beyond by hosting various activities including music workshops with We Make Culture bringing music and joy to families, telephone support and access to referrals for food and fuel, afternoon tea, quiz afternoons, music sessions, knit and natter and craft sessions, walking therapy sessions. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Hendon Ward:

CHANCE, Julie Maven, e-mail Info.chance.1993@gmail.com

Continue to support residents with shopping, paying bills and collecting prescriptions etc. Provide hot meals, various activities, deliver hampers to elderly and families where needed along with befriending support both over the phone and face to face

Delivery: December 2021 to March 2022

Back on the Map, Craig Richardson, e-mail crichardson@backonthemap.org

Continued support as a Community Hub assisting with Welfare Rights advice, fuel payments, prescriptions and online shopping etc. Also run an extensive program of activities including art, woodwork, games, singing, befriending calls, activity packs for those isolating, face to face Christmas activities, and cinema night

Sunderland Bangladesh International Centre, Abu Shama, e-mail abu.shama@sb-international.org.uk

This project will support BAME residents across the East Area providing essential support of welfare rights, housing, employability support. In addition through their volunteers will provide befriending support both face to face and telephone and provide weekly activities such as, health and wellbeing, information advice, community social gatherings and fitness wellbeing, Christmas activity packs etc. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Young Asian Voices, e-mail ram@youngasianvoices.co.uk

Continue to support young people and residents across the East by providing youth engagement sessions, arts and creativity, multisport, training to tackle digital isolation to allow engagement virtually, 1:1 phone calls/virtual meetings/crisis support, translate information into many languages in relation to COVID-19, messages health services and help distinguish symptoms in order to access NHS support while being able to confidently manage health concerns. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Impact NE, Sharon Boyd, e-mail sharon@impactnortheast.co.uk

Community support to reduce the impact of winter poverty and reduce stress throughout any COVID Isolation periods, by running a series of free online groups and activities to reduce isolation, including Bingo, family fitness videos, befriending calls, craft packs and healthy ingredients meal packs. Delivery across all of the East Area.

Delivery December 2021 to March 2022

More Than Grandparents, Melanie Nichols, e-mail sharon@impactnortheast.co.uk

Supporting and provide activities for kinship families across Christmas and beyond by hosting various activities including music workshops with We Make Culture bringing music and joy to families, telephone support and access to referrals for food and fuel, afternoon tea, quiz afternoons, music sessions, knit and natter and craft sessions, walking therapy sessions. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Millfield Ward

Sunderland Bangladesh International Centre, Abu Shama, e-mail abu.shama@sb-international.org.uk

This project will support BAME residents across the East Area providing essential support of welfare rights, housing, employability support. In addition through their volunteers will provide befriending support both face to face and telephone and provide weekly activities such as, health and wellbeing, information advice, community social gatherings and fitness wellbeing, Christmas activity packs etc. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Young Asian Voices, e-mail ram@youngasianvoices.co.uk

Continue to support young people and residents across the East by providing youth engagement sessions, arts and creativity, multisport, training to tackle digital isolation to allow engagement virtually, 1:1 phone calls/virtual meetings/crisis support, translate information into many languages in relation to COVID-19, messages health services and help distinguish symptoms in order to access NHS support while being able to confidently manage health concerns. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Impact NE, Sharon Boyd, e-mail sharon@impactnortheast.co.uk

Community support to reduce the impact of winter poverty and reduce stress throughout any COVID Isolation periods, by running a series of free online groups and activities to reduce isolation, including Bingo, family fitness videos, befriending calls, craft packs and healthy ingredients meal packs. Delivery across all of the East Area.

Delivery December 2021 to March 2022

More Than Grandparents, Melanie Nichols, e-mail sharon@impactnortheast.co.uk

Supporting and provide activities for kinship families across Christmas and beyond by hosting various activities including music workshops with We Make Culture bringing music and joy to families, telephone support and access to referrals for food and fuel, afternoon tea, quiz afternoons, music sessions, knit and natter and craft sessions, walking therapy sessions. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Ryhope Ward

Ryhope community Association, Robert Surtees, e-mail ryhopeca@aol.com

The project will provide social inclusion and support vulnerable households in the Ryhope ward by carrying out welfare calls, online shopping, collection of prescriptions etc, family Christmas hampers to those in need, activity packs, Christmas dinners and a virtual Christmas carol service

Delivery: December 2021 to March 2022

Sunderland Bangladesh International Centre, Abu Shama, e-mail abu.shama@sb-international.org.uk

This project will support BAME residents across the East Area providing essential support of welfare rights, housing, employability support. In addition through their volunteers will provide befriending support both face to face and telephone and provide weekly activities such as, health and wellbeing, information advice, community social gatherings and fitness wellbeing, Christmas activity packs etc. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Young Asian Voices, e-mail ram@youngasianvoices.co.uk

Continue to support young people and residents across the East by providing youth engagement sessions, arts and creativity, multisport, training to tackle digital isolation to allow engagement virtually, 1:1 phone calls/virtual meetings/crisis support, translate information into many languages in relation to COVID-19, messages health services and help distinguish symptoms in order to access NHS support while being able to confidently manage health concerns. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Impact NE, Sharon Boyd, e-mail sharon@impactnortheast.co.uk

Community support to reduce the impact of winter poverty and reduce stress throughout any COVID Isolation periods, by running a series of free online groups and activities to reduce isolation, including Bingo, family fitness videos, befriending calls, craft packs and healthy ingredients meal packs. Delivery across all of the East Area.

Delivery December 2021 to March 2022

More Than Grandparents, Melanie Nichols, e-mail sharon@impactnortheast.co.uk

Supporting and provide activities for kinship families across Christmas and beyond by hosting various activities including music workshops with We Make Culture bringing music and joy to families, telephone support and access to referrals for food and fuel, afternoon tea, quiz afternoons, music sessions, knit and natter and craft sessions, walking therapy sessions. Delivery across all of the East Area.

Delivery December 2021 to March 2022

St Michael's

Blue Watch Youth Centre, Susan Ferguson, e-mail bwyc.main@gmail.com

The project will continue to provide support as a Community Hub partner assisting with shopping requests, picking up prescriptions and carrying out welfare calls, along with social inclusion and support vulnerable households by carrying out welfare calls, delivering virtual sessions, outreach and detach sessions to young people, making Christmas cards and decorations, provide access to emergency food bags and weekly food parcels.

Sunderland Bangladesh International Centre, Abu Shama, e-mail abu.shama@sb-international.org.uk

This project will support BAME residents across the East Area providing essential support of welfare rights, housing, employability support. In addition through their volunteers will provide befriending support both face to face and telephone and provide weekly activities such as, health and wellbeing, information advice, community social gatherings and fitness wellbeing, Christmas activity packs etc. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Young Asian Voices, e-mail ram@youngasianvoices.co.uk

Continue to support young people and residents across the East by providing youth engagement sessions, arts and creativity, multisport, training to tackle digital isolation to allow engagement virtually, 1:1 phone calls/virtual meetings/crisis support, translate information into many languages in relation to COVID-19, messages health services and help distinguish symptoms in order to access NHS support while being able to confidently manage health concerns. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Impact NE, Sharon Boyd, e-mail sharon@impactnortheast.co.uk

Community support to reduce the impact of winter poverty and reduce stress throughout any COVID Isolation periods, by running a series of free online groups and activities to reduce isolation, including Bingo, family fitness videos, befriending calls, craft packs and healthy ingredients meal packs. Delivery across all of the East Area.

Delivery December 2021 to March 2022

More Than Grandparents, Melanie Nichols, e-mail sharon@impactnortheast.co.uk

Supporting and provide activities for kinship families across Christmas and beyond by hosting various activities including music workshops with We Make Culture bringing music and joy to families, telephone support and access to referrals for food and fuel, afternoon tea, quiz afternoons, music sessions, knit and natter and craft sessions, walking therapy sessions. Delivery across all of the East Area.

Delivery December 2021 to March 2022

Alongside this provision will be:

- Area Foodbanks
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- Area Committees are also supporting through various activities
- Free school meals vouchers will be provided to eligible school-age children during Christmas holidays

North Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2021

Castle Ward

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetime relatives etc.

Delivery: December 2021 to March 2022

Foundation of Light, Keith Brazier e-mail, Keith.brazier@foundationoflight.co.uk

Range of social activities for all residents across the North including Christmas line dance, healthy eating, prepare and cook a range of meals and snacks, virtual quiz, telephone befriending calls, all our yesterdays – local history films/slides of Sunderland through the decades giving residents the chance to reminisce and chat, refreshments will be provided. Delivery across all of the North Area.

Delivery: December 2021 to March 2022

The Fans Museum, Michael Ganley, e-mail michael@fansmuseum.org

Delivery of a number of events at the Fans Museum to come together with Live Music, Singalong and Comedy Quiz, bespoke exhibition with partners providing information on the support and activities available to raise awareness of opportunities for people to get involved with partner organisations. Delivery across all of the North Area.

Delivery: January to March 2022

Fulwell Ward:

Friends of Fulwell, Peter Curtis, e-mail peter@friendsoffulwell.co.uk

Continued support as part of the Community Hub delivery by helping with Food bank drive, Carol singing, hampers, Christmas activities for young people, a Christmas planting project, signposting to other services,

Delivery: December 2021

Foundation of Light, Keith Brazier e-mail, Keith.brazier@foundationoflight.co.uk

Range of social activities for all residents across the North including Christmas line dance, healthy eating, prepare and cook a range of meals and snacks, virtual quiz, telephone befriending calls, all our yesterdays – local history films/slides of Sunderland through the decades giving residents the chance to reminisce and chat, refreshments will be provided. Delivery across all of the North Area.

Delivery: December 2021 to March 2022

The Fans Museum, Michael Ganley, e-mail michael@fansmuseum.org

Delivery of a number of events at the Fans Museum to come together with Live Music, Singalong and Comedy Quiz, bespoke exhibition with partners providing information on the support and activities available to raise awareness of opportunities for people to get involved with partner organisations. Delivery across all of the North Area.

Delivery: January to March 2022

Redhill Ward

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetime relatives etc.

Delivery: December 2021 to March 2022

Foundation of Light, Keith Brazier e-mail, Keith.brazier@foundationoflight.co.uk

Range of social activities for all residents across the North including Christmas line dance, healthy eating, prepare and cook a range of meals and snacks, virtual quiz, telephone befriending calls, all our yesterdays – local history films/slides of Sunderland through the decades giving residents the chance to reminisce and chat, refreshments will be provided. Delivery across all of the North Area.

Delivery: December 2021 to March 2022

The Fans Museum, Michael Ganley, e-mail michael@fansmuseum.org

Delivery of a number of events at the Fans Museum to come together with Live Music, Singalong and Comedy Quiz, bespoke exhibition with partners providing information on the support and activities available to raise awareness of opportunities for people to get involved with partner organisations. Delivery across all of the North Area.

Delivery: January to March 2022

Southwick Ward

Southwick Neighbourhood Young People's Project, Ruth Walker, e-mail ruth@snypp.co.uk

Community hub supporting clinically, extremely vulnerable and socially isolated residents through shopping, prescription pick up, befriending, food support, health & fitness activities, monthly social catch ups, activity packs and online quizzes to keep people engaged and interacting with each other.

Covid self-isolation/social isolation kits with codes for access to online activities such as craft classes, walking football and to set up online shopping and prescription delivery

Delivery December to March 2022

Thift Don't Throw, Gaynor Clark, e-mail gaynor_clarke@hotmail.com

Online activities of exercise aimed at over 50s, children's Storytime, quizzes, activity packs and flowers to those isolating at Christmas, February and Easter and activities based around gardening, recycling and being outdoors

Delivery: December 2021 to March 2022

Grace House, Victoria Brown, email vb@gracehouse.co.uk

Working with COVID -19 Community Hubs ensuring key messages and information are circulated via emails, website, and other social media platforms, and signpost into appropriate services e.g. welfare benefits advice. Increase social inclusion and support to vulnerable families through a range of activities both online and face to face, telephone contact, deliver activity some therapeutic and some sensory according to need, Music Therapy, a Carers Therapy Taster event with lunch

Delivery December 2021 to March 2022

Foundation of Light, Keith Brazier e-mail, Keith.brazier@foundationoflight.co.uk

Range of social activities for all residents across the North including Christmas line dance, healthy eating, prepare and cook a range of meals and snacks, virtual quiz, telephone befriending calls, all our yesterdays – local history films/slides of Sunderland through the decades giving residents the chance to reminisce and chat, refreshments will be provided. Delivery across all of the North Area.

Delivery: December 2021 to March 2022

The Fans Museum, Michael Ganley, e-mail michael@fansmuseum.org

Delivery of a number of events at the Fans Museum to come together with Live Music, Singalong and Comedy Quiz, bespoke exhibition with partners providing information on the support and activities available to raise awareness of opportunities for people to get involved with partner organisations. Delivery across all of the North Area.

Delivery: January to March 2022

St Peter's Ward

Roker Life, Deborah Doyle, rokerlifeproject@gmail.com

Variety of delivery including a Christmas Hamper Project in collaboration with Friends of the Drop In, supporting single refugee and asylum seekers in North Sunderland, a festive Afternoon Tea on 8th December, with Social Chef, open to residents of North Sunderland - booking required, a Happy Mondays wellbeing programme, incorporating exercise, cookery and craft, at Roker United Reformed Church, open to residents from all North Sunderland wards, along with weekly check-ins with isolated people via Whatsapp/telephone.

Delivery December 2021 to March 2022

Foundation of Light, Keith Brazier e-mail, Keith.brazier@foundationoflight.co.uk

Range of social activities for all residents across the North including Christmas line dance, healthy eating, prepare and cook a range of meals and snacks, virtual quiz, telephone befriending calls, all our yesterdays – local history films/slides of Sunderland through the decades giving residents the chance to reminisce and chat, refreshments will be provided. Delivery across all of the North Area.

Delivery: December 2021 to March 2022

The Fans Museum, Gary Lynch, Michael Ganley, e-mail michael@fansmuseum.org

Delivery of a number of events at the Fans Museum to come together with Live Music, Singalong and Comedy Quiz, bespoke exhibition with partners providing information on the support and activities available to raise awareness of opportunities for people to get involved with partner organisations. Delivery across all of the North Area.

Delivery: January to March 2022

Alongside this provision will be:

- Area Foodbanks – see attached information
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- In addition, Area Committees are also supporting: Youth Activities delivered by the North Raising Aspirations Projects (SNYP, SCAG, FOF, SNCBC) for further information check out social media pages:
- <https://www.facebook.com/fulwellfriends>
- <https://www.facebook.com/snypsouthwick>
- <https://www.facebook.com/Sunderlandscag>
- <https://www.facebook.com/RaisingaspirationsCRW>
- Free school meals vouchers will be provided to eligible school-age children during Christmas holidays

Washington Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2022

Washington Central Ward

St George’s Church, Nick Barr-Hamilton, e-mail office@stgeorgesfatfield.co.uk

Christmas mobile event to visit the community and bring carols and cheer to people in their own homes, with Christmas craft bags for children to take away and make. Delivery across all of the Washington Area.

Delivery: December 2021

Washington MIND, Jemma Hutchinson, e-mail jemma@washingtonmind.org.uk

Supporting volunteers to help residents across Washington who are socially isolated by providing face-to-face events of movie and popcorn mornings, a Christmas market where people who have been referred will receive; vouchers to provide a Christmas dinner, collect toys/Christmas gifts. Throughout the Christmas break will continue online support where we hold quizzes, arts & crafts and film/book clubs. After Christmas break hold weekly coffee mornings to ensure that any social relationships made over the winter break are maintained and signpost to other support w and provide information on our listening ear service and online chat to ensure they have access to support. Delivery across all of the Washington Area.

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, ‘keep minds active and healthy for young and old’, quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Mickey's Place, Ruth bell, e-mail rbell123@gmail.com

Winter plan to provide Christmas hampers to those families in the area needing extra help over the coldest months, delivered to the local schools, and those socially isolated. Work with local schools and other community groups to identify families and work with a first-tier worker from Sharp as part of the WISP project and hold a Festive afternoon tea and in January - March aim to open for coffee / breakfast mornings reaching out to those who are lonely and socially isolated within the community. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Washington East Ward:

St George's Church, Nick Barr-Hamilton, e-mail office@stgeorgesfatfield.co.uk

Christmas mobile event to visit the community and bring carols and cheer to people in their own homes, with Christmas craft bags for children to take away and make. Delivery across all of the Washington Area.

Delivery: December 2021

Washington MIND, Jemma Hutchinson, e-mail jemma@washingtontmind.org.uk

Supporting volunteers to help residents across Washington who are socially isolated by providing face-to-face events of movie and popcorn mornings, a Christmas market where people who have been referred will receive; vouchers to provide a Christmas dinner, collect toys/Christmas gifts. Throughout the Christmas break will continue online support where we hold quizzes, arts & crafts and film/book clubs. After Christmas break hold weekly coffee mornings to ensure that any social relationships made over the winter break are maintained and signpost to other support w and provide information on our listening ear service and online chat to ensure they have access to support. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

On-going covid-19 support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetime relatives etc. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Mickey's Place, Ruth bell, e-mail rbell123@gmail.com

Winter plan to provide Christmas hampers to those families in the area needing extra help over the coldest months, delivered to the local schools, and those socially isolated. Work with local schools and other community groups to identify families and work with a first-tier worker from Sharp as part of the WISP project and hold a Festive afternoon tea and in January - March aim to open for coffee / breakfast mornings reaching out to those who are lonely and socially isolated within the community. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Washington North Ward

St George's Church, Nick Barr-Hamilton, e-mail office@stgeorgesfatfield.co.uk

Christmas mobile event to visit the community and bring carols and cheer to people in their own homes, with Christmas craft bags for children to take away and make. Delivery across all of the Washington Area.

Delivery: December 2021

Washington MIND, Jemma Hutchinson, e-mail jemma@washingtonmind.org.uk

Supporting volunteers to help residents across Washington who are socially isolated by providing face-to-face events of movie and popcorn mornings, a Christmas market where people who have been referred will receive; vouchers to provide a Christmas dinner, collect toys/Christmas gifts. Throughout the Christmas break will continue online support where we hold quizzes, arts & crafts and film/book clubs. After Christmas break hold weekly coffee mornings to ensure that any social relationships made over the winter break are maintained and signpost to other support w and provide information on our listening ear service and online chat to ensure they have access to support. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Mickey's Place, Ruth bell, e-mail rbell123@gmail.com

Winter plan to provide Christmas hampers to those families in the area needing extra help over the coldest months, delivered to the local schools, and those socially isolated. Work with local schools and other community groups to identify families and work with a first-tier worker from Sharp as part of the WISP project and hold a Festive afternoon tea and in January - March aim to open for coffee / breakfast mornings reaching out to those who are lonely and socially isolated within the community. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Washington South Ward

St George's Church, Nick Barr-Hamilton, e-mail office@stgeorgesfatfield.co.uk

Christmas mobile event to visit the community and bring carols and cheer to people in their own homes, with Christmas craft bags for children to take away and make. Delivery across all of the Washington Area.

Delivery: December 2021

Washington MIND, Jemma Hutchinson, e-mail jemma@washingtonmind.org.uk

Supporting volunteers to help residents across Washington who are socially isolated by providing face-to-face events of movie and popcorn mornings, a Christmas market where people who have been referred will receive; vouchers to provide a Christmas dinner, collect toys/Christmas gifts. Throughout the Christmas break will continue online support where we hold quizzes, arts & crafts and film/book clubs. After Christmas break hold weekly coffee mornings to ensure that any social

relationships made over the winter break are maintained and signpost to other support w and provide information on our listening ear service and online chat to ensure they have access to support. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Mickey's Place, Ruth bell, e-mail rbell123@gmail.com

Winter plan to provide Christmas hampers to those families in the area needing extra help over the coldest months, delivered to the local schools, and those socially isolated. Work with local schools and other community groups to identify families and work with a first-tier worker from Sharp as part of the WISP project and hold a Festive afternoon tea and in January - March aim to open for coffee / breakfast mornings reaching out to those who are lonely and socially isolated within the community. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Washington West Ward

St George's Church, Nick Barr-Hamilton, e-mail office@stgeorgesfatfield.co.uk

Christmas mobile event to visit the community and bring carols and cheer to people in their own homes, with Christmas craft bags for children to take away and make. Delivery across all of the Washington Area.

Delivery: December 2021

Washington MIND, Jemma Hutchinson, e-mail jemma@washingtonmind.org.uk

Supporting volunteers to help residents across Washington who are socially isolated by providing face-to-face events of movie and popcorn mornings, a Christmas market where people who have been referred will receive; vouchers to provide a Christmas dinner, collect toys/Christmas gifts. Throughout the Christmas break will continue online support where we hold quizzes, arts & crafts and film/book clubs. After Christmas break hold weekly coffee mornings to ensure that any social relationships made over the winter break are maintained and signpost to other support w and provide information on our listening ear service and online chat to ensure they have access to support. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Support and delivery of face-to-face activities including festive quizzes, craft clubs, activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby

groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetimeing relatives etc. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Mickey's Place, Ruth bell, e-mail rbell123@gmail.com

Winter plan to provide Christmas hampers to those families in the area needing extra help over the coldest months, delivered to the local schools, and those socially isolated. Work with local schools and other community groups to identify families and work with a first-tier worker from Sharp as part of the WISP project and hold a Festive afternoon tea and in January - March aim to open for coffee / breakfast mornings reaching out to those who are lonely and socially isolated within the community. Delivery across all of the Washington Area.

Delivery: December 2021 to March 2022

Alongside this provision will be:

- Area Foodbanks – see attached information
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- Area Committees are also supporting through various activities including: WISP 2, VCS Support Project
- Free school meals vouchers will be provided to eligible school-age children during Christmas holidays

West Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2022

Barnes Ward

Plains Farm Youth & Community Centre, Joanne Laverick, e-mail joanne@youthalmighty.co.uk

Support as part of Community Hub, providing shopping, collection prescriptions, food parcels, crisis support. increase social inclusion and support vulnerable residents by delivering wellbeing and activity packs, online competitions, afternoon tea, regular phone calls, mens/womens groups, coffee mornings and a Christmas buffet lunch, festive prize bingo at Plains Farm Youth & Community Centre, Christmas coffee meetings at Plains Farm Community Centre, Parker Trust & Kayll Road Library

Delivery December 2021 to March 2022

Pallion Ward:

Pallion Action Group, Karen Noble, e-mail karen.noble@pallionactiongroup.co.uk

Support as a Community Hub, as well as increasing social inclusion and support to vulnerable residents by delivering wellbeing/welfare checks via telephone/door, recreational activities such as holistic therapies, woodcarving, and flower arranging jigsaw clubs quiz groups and coffee mornings. Supporting residents to become more digital with activities online, including online shopping. After Christmas, ongoing support including activity packs, social and recreational sessions both virtually and face to face such as bingo, quizzes, keep fit sessions, monthly tea dances and games sessions, winter recipe bag including ingredients for homemade soup, dumplings and a dessert.

Delivery December 2021 to March 2022

Sandhill North Ward

The Angelus Lunch Club, Elizabeth Lardner, e-mail elizabethlardner@virginmedia.com

To meet together on a monthly basis to enjoy a meal and a cuppa.

Delivery December 2021 to March 2022

Community Opportunities and Grindon Young People's Centre, Nikki Vokes e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

Building on the work of two Organisations in the Sandhill Ward, will provide on-going covid-19 support and delivery of face-to-face activities including activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetime relatives etc.

Delivery: December 2021 to March 2022

Grindon Church Community Project, Kati Whiteoak/Corinne Kilvington, e-mail theoffice.gccp@gmail.com

To provide various activities including 6 short cooking sessions aimed at those who can't cook or alone, providing a safe place to learn to cook meals for one/ batch cooking simple, healthy, tasty meals, as well as the opportunity to meet others in a similar situation and will offer sessions to families on how to cook on a budget and support participants to shop for ingredients online, using the IT suite. Create packs with useful information on where to get help, information about covid/isolation and what is available locally, Family cinema nights and Saturday Morning family cinema club events.

Delivery: December 2021 to March 2022

Silksworth Ward

Silksworth Youth & Community Centre, Joanne Laverick, e-mail joanne@youthalmighty.co.uk

Support as part of Community Hub, providing shopping, collection prescriptions, food parcels, crisis support. increase social inclusion and support vulnerable residents by delivering wellbeing and activity packs, online competitions, afternoon tea, regular phone calls, men's/women's groups, coffee mornings and a Christmas lunch at Silksworth Youth & Community Centre and work with Friends of Silksworth Park to provide an event in the park on 3rd Dec. Also a named point of contact to support those most vulnerable over the festive season and a holiday hunger programme during Christmas and February school holidays

Delivery December 2021 to March 2022

St Anne's Ward

Pennywell Neighbourhood Centre, Gary Brooks, e-mail, gbrookspnc@outlook.com

The project will support local residents face to face via various groups, signposting to other agencies, crisis team and mental health support, Covid messages, befriending calls, Christmas cooking activities, hampers, treats and activity packs, food parcels. An emergency line will be open on weekends and across the holiday period to support the vulnerable where needed.

Delivery December 2021 to March 2022

St Chad's Ward

Farringdon Youth & Community Centre, Joanne Laverick, e-mail joanne@youthalmighty.co.uk

Support as part of Community Hub, providing shopping, collection prescriptions, food parcels, crisis support. increase social inclusion and support vulnerable residents by delivering wellbeing and activity packs, online competitions, afternoon tea, regular phone calls, men's/women's groups, coffee mornings and a Christmas buffet lunch leading up to Christmas, Christmas coffee morning, Christmas lunch at Farringdon Youth & Community Centre. There will also be a named point of contact to support those most vulnerable over the festive season.

Delivery December 2021 to March 2022

Alongside this provision will be:

- Area Foodbanks – see attached information
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- FSM vouchers will be provided to eligible school-age children during Christmas holidays

Citywide Winter COVID Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2022
<p>Citywide Delivery</p> <p>Veterans in Crisis, Paul McLoughlin, e-mail paul@veteransincrisis.co.uk Support for veterans, partners and families including organising regular contact, food bank, covid19 updates, counselling support, zoom carols, activity planning. Christmas meals, travel, telephone costs, refreshments for volunteers, Christmas hampers Delivery December 2021 to March 2022</p> <p>Sunderland Mind, Leigh-Ann Thomson, e-mail leigh.ann@sunderlandmind.co.uk Providing activity packs and winter events, both virtually and in person to residents across the city over the winter months. Bespoke activity packs designed by service users containing wellbeing and craft activities along with handwritten letters and messages from service users aimed at keeping those who are feeling isolated due to Covid. Sunderland Big Night virtual party nights for Xmas, New Year and in February via Zoom and Facebook, two in-person events in January and February to encourage residents to meet other people and to promoting positive wellbeing and helping people feel good by getting together for soup and a bun (January) and afternoon tea (February) at our Wellbeing Hub. Delivery December 2021 to March 2022</p> <p>Headway Wearside, Kim Hunter, e-mail kim.hunter@headwaywearside.org.uk A range of activities for adults with an acquired brain injury and their families, to combat social isolation, boredom, by offering Christmas and holiday time support and try to ensure that no one is forgotten and left alone without contact this Christmas. Activity Packs will contain activities they can do at home, important if they cannot get out of the house due to ill health, covid isolation or bad weather. Delivery December 2021 to March 2022</p> <p>The Carers Centre, Amanda Brown, e-mail Amanda@sunderlandcarers.co.uk Deliver a Carers Christmas Reach Out Project where staff and Volunteers will deliver activity/wellbeing packs to carers identified as being most in need. Packs will include a Christmas decoration, hand cream, colouring activity, book etc and info sheet on additional services Delivery December 2021</p>

Alongside this provision will be:

- Area Foodbanks – see attached information
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- Free school meals vouchers will be provided to eligible school-age children during Christmas holidays