



Active Sunderland

# BIG

## Events 2018

# BIG Bike Ride

**Saturday 16 June (5 mile family ride)  
Herrington Country Park, 10am start**

**Sunday 17 June (20 and 35 mile rides)  
St Peter's Riverside, 9.45am start**

### Entry

The entry fee for all rides is only £10 per person and includes an Active Sunderland technical t-shirt, event medal and a goody bag.

**For further information and to enter online please visit**

[www.activesunderland.org.uk](http://www.activesunderland.org.uk)



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SERVICES

## This year's BIG Bike Ride will feature three rides over two days offering something for all ages and abilities!

A 5 mile family bike ride will take place on Saturday 16 June in Herrington Country Park, one of Sunderland's finest outdoor spaces. Ideal for families or those who are new to cycling.

Two more challenging routes (35 and 20 miles) will take place on Sunday 17 June starting at St Peter's riverside. They offer a fantastic variety of cycling on mainly off-road routes and a chance to see some of Sunderland's finest scenery. Suitable for more experienced cyclists.

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## Events 2018

## BIG Community Sports Festivals

Every Wednesday throughout August between 12 noon and 4pm. £1 per person payable on the day.

- Wednesday 1 August  
Princess Anne Park
- Wednesday 8 August  
Barnes Park
- Wednesday 15 August  
Seaburn Beach and Promenade
- Wednesday 22 August  
Mowbray Park
- Wednesday 29 August  
Herrington Country Park

**For further information and to keep up to date with the events/activity programme please:**

**Email:** [active@sunderland.gov.uk](mailto:active@sunderland.gov.uk)

**Call:** 0191 561 4578

**Visit:** [www.activesunderland.org.uk](http://www.activesunderland.org.uk)

## BIG Walk

### Sunday 30 September

A choice of three different circular walking routes of 3, 7 and 11 miles, all starting and finishing at Herrington Country Park and taking in some of Sunderland's most beautiful countryside, in the shadow of the iconic Penshaw Monument.

**Entry is £10 per person which includes a t-shirt, medal and goody bag.**



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